#### Food Policy for the 21st century: can we grow enough, sustainably and healthily?

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CLM lecture, De Rode Hoed debating centre, Keizersgracht 102, Amsterdam, October 29 2009



## I give my answer first!

- Yes...
- ...probably...
- ...but <u>only</u> if there is big change...
- ...on many fronts...
- ...by everyone...
- ...government, supply chain...consumers
- ...all at once
- ...very fast!



## So the big questions are:

- Q 1. Do we change fast enough now?
  Answer: No, not fast or deep enough yet
- Q2. If not, will we be forced to change?
  Answer: probably by shocks such as war or water
- Q3. How could we get change quicker and more deeply?
  - Answer: with difficulty but we must try
- Q4. Is there any hope?
  - Answer: yes, there are signs of movement but we need to work very hard!



## Summary

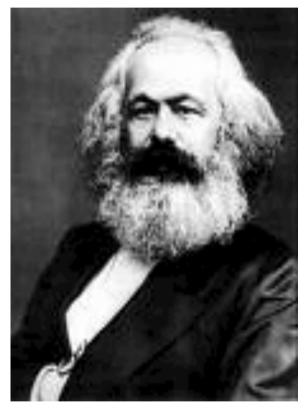
- Current food system is in trouble: neo-Malthusian questions return
- Sustainable diet = key to linking health, environment and social needs into culture
- Debate and actions are emerging
- A complex issue: all about values
- C21st challenges: Time? Limits? Ideology (eg choice)?



# 1. What's the problem?



## An old debate: the 3 M's



#### Karl Marx 1818-1883



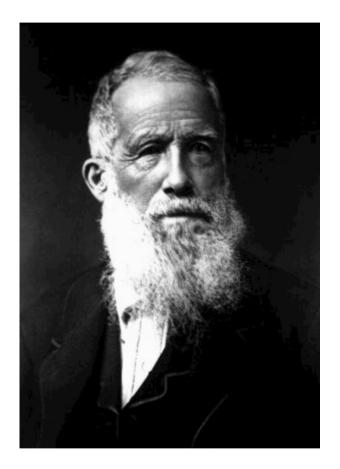
Rev.Thomas Malthus (1766-1834)

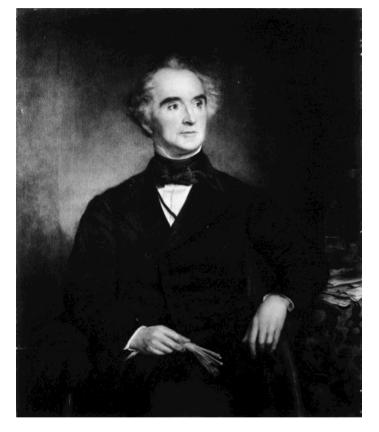
An Essay on the Principle of Population (1798)



Gregor Mendel Monk & geneticist (1822-1884)

## **C19th Agricultural progressives**



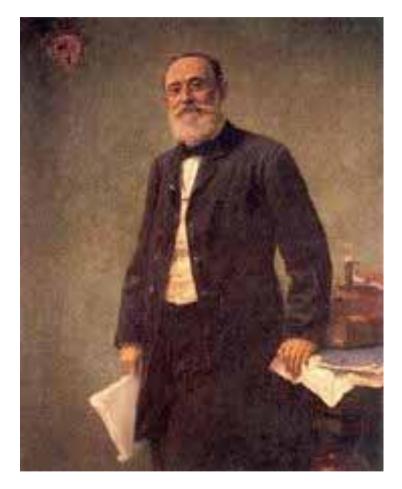


Sir John Bennet Lawes agricultural research (1803-1873)

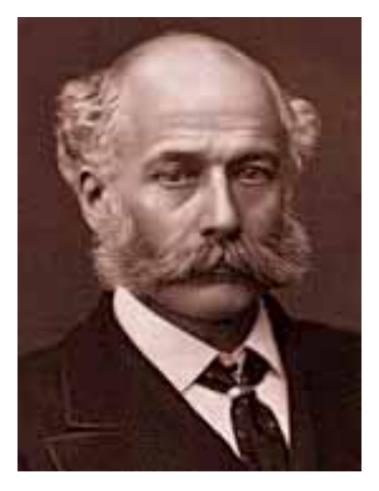


Justus von Liebig chemist (1803-1873)

## **Health progressives**

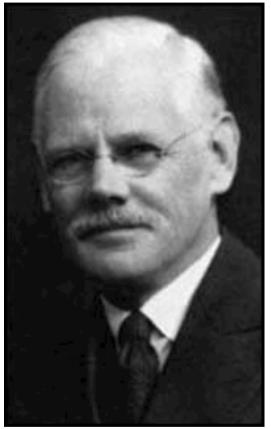


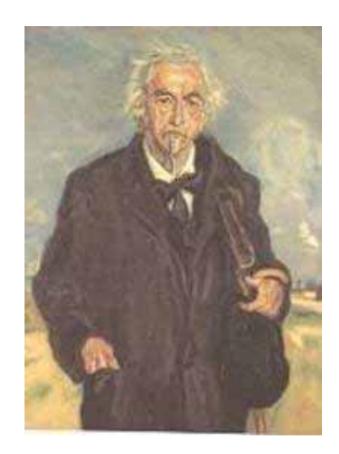
Rudolf Virchow Public health physician, Berlin (1821 – 1902) CITY UNIVERSITY LONDON

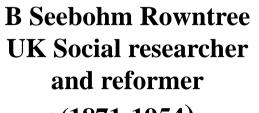


Sir Joseph Bazalgette Sewerage engineer, London (1819 - 1891)

## **Social progressives**









F Wibaut Amsterdam alderman, welfare & housing champion (1859-1936)



School meals (1906 in England)

### Linking food, health, income & justice



John Boyd Orr (1880-1971) public health 1<sup>st</sup> D-G of FAO

Elsie Widdowson (1908-2000) nutritionist George Stapledon (1882-1960) soil scientist

# They seized their moment and applied their integrated vision

- World War 2
  - NL famine (1944-45)
- Wave of initiatives
  - UN institutions eg FAO created 1946
  - Common Market 1957 Treaty of Rome  $\rightarrow$  CAP
- Food as a litmus test for progress
  - taming the state
  - Transcending corporate / economic uncertainties



**The C20th policy formula** (the Productionist paradigm)

# Science + capital + distribution → output → cheaper food → health = progress



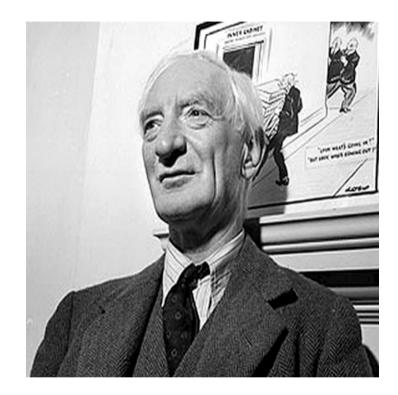
## Food & Agriculture as key to progress



#### Sicco Mansholt (1908-1995)

1<sup>st</sup> European Agriculture Commissioner for 1958-1972





#### William Beveridge (1879-1963)

Senior civil servant Ministry of Food in WW1; author *Social Insurance* 1942

## The model faces challenges

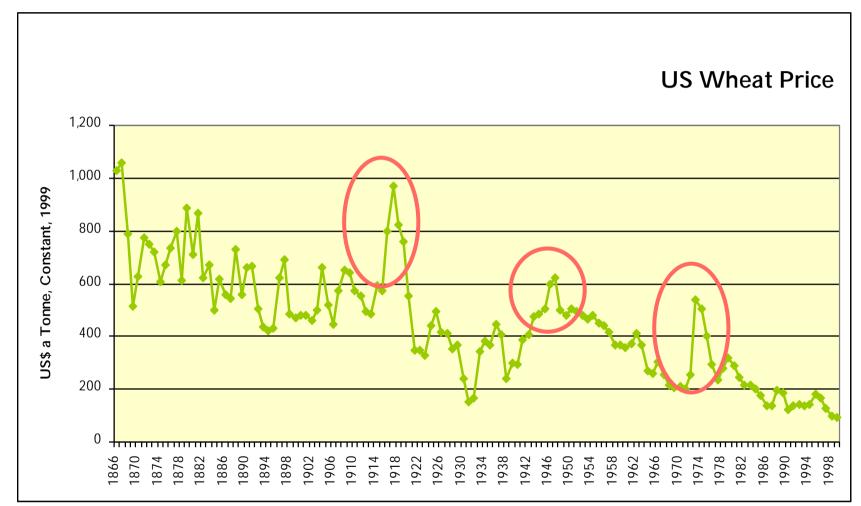
- Reliance on oil (hence 1970s crisis)
- It was altered in the 1970s by neo-liberalism
  - Market-led
  - No overall vision
- It is now meeting other environmental limits
  - Water, population, eco-systems, land, fertilisers (Atlas)
  - Capital now supporting bankers not green vision
  - Social resistance consumers locked into consumerism?



## Modern food culture: celebrities, burgerisation, supermarketisation

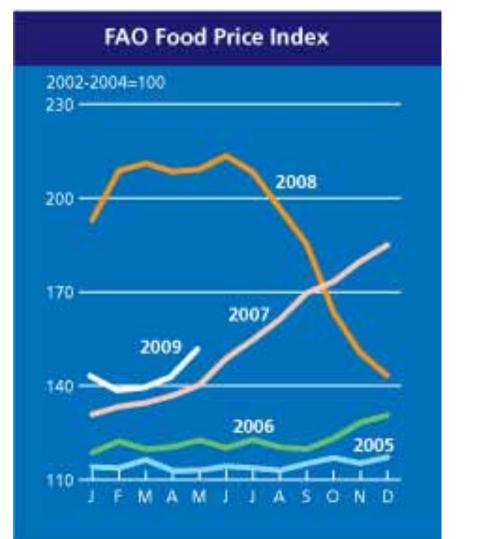


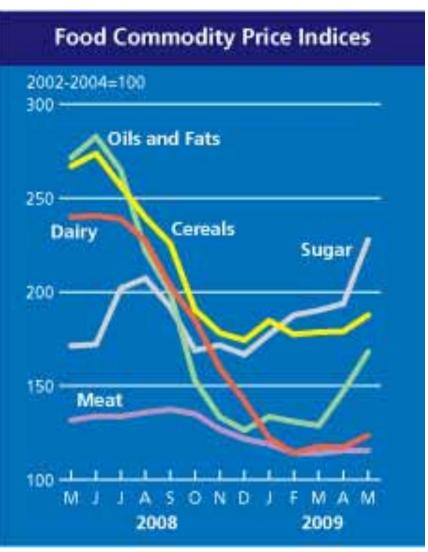
## **Prices fall: the long view?**





### Prices...up and down ... ...and rising again? 2005-09







CSOuter IVERSI/TWww.fao.org/worldfoodsituation/en/ (accessed June 26 2009] LONDON

## 2. The C21<sup>st</sup> challenge is to deliver a sustainable food system



## New policy based on New (& Old) Fundamentals

- Climate change
- Fuel / oil / energy
- Water
- Biodiversity
- Soil
- Land use
- Labour

- Population (9bn 2050)
- Urbanisation
- Affluence (BRICs +)
- Nutrition transition
- Inequality
- Healthcare costs



#### The C21st challenge: how to inject Omni-Standards into business and supply chains?

#### <u>Quality:</u>

- Fresh (?)
- Localness (?)
- Seasonality

#### Environmental:

- Climate change
- Water
- Land use
- Biodiversity

#### Social values:

- Animal welfare
- Working conditions
- Equality
- Cost internalisation

### CITY UNIVERSITY

#### <u>Health:</u>

- Safety
- Nutrition
- Access / affordability

# **3. Responses are emerging** (but are they fast enough?)



#### Sweden gives EU lead

- May 2009
- Offers evidence-based econutrition guidelines
- Now submitted to the European Commission
- Joint work by National Food Administration & Swedish Environmental Protection Agency
- Other input (e.g. Swedish Board of Fisheries)
- Framed around ecoconscious consumers, rather than population
- Focus on key food groups



1. ----- IND- 2009 0292 S-- EN- ----- 20090608 --- --- PROJET

LIVSMEDELS VERKET NATIONAL FOOD ADMINISTRATION

#### The National Food Administration's environmentally effective food choices

Proposal notified to the EU<sup>1</sup>

Concerns the food groups: Meat – beef, lamb, pork and chicken Fish and shellfish Fruits and berries, vegetables and leguminous plants Potatoes, cereals and rice Cooking fat Water



 The notification has been done in accordance with Directive 98/34/EC of the European Parliament and of the Council of 22 June 1998 laying down a procedure for the provision of information in the field of technical standards and regulations and of rules on information society services (OJ L 204, 21.7.1998, p. 37, Celex 31995L0034, as amended by European Parliament and Council Directive 98/34/EC (OJ L 217, 5.8.1998, p. 18 Celex 31995L0048.

## NL Ministry of Agriculture, Nature & Food Quality June 2008

- Policy Document on Sustainable Food: towards sustainable production and consumption of food http://www.minlnv.nl/portal/page?\_pageid=116,1640321&\_dad=portal&\_schema=PORTAL&p\_file\_id=39545
- Objectives
  - Stimulating sustainable innovations in the Dutch agrifood complex
  - Enable and entice Dutch consumers to buy sustainable (and healthy) food
  - Influencing the international agenda
- Approach:
  - voluntarism, information, innovation (GMOs),



#### **UK Cabinet Office 2008 reports**





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## **UK : internal government action**

- Scotland
  - Recipe for Success Scotland's National Food and Drink Policy (2009)
- England
  - Council of Food Policy Advisors
  - Integrated Advice Scheme
  - Healthy Food Mark (DH, FSA, Defra)
- Sustainable Development Commission
  - Sustainable Diets report for Defra (Nov 09)



## **Company actions**

- 2008 Tesco gives £25m to University of Manchester Sustainable Consumption Institute
- 2007 IGD Food Industry Sustainability Strategy Champions Group focus on low carbon + ethics
- Focus on waste (jointly with Govt funded WRAP) <u>www.wrap.org.uk</u> → resource efficiency
- Ideology:
  - Self interest, cost-cutting, long-termism,
- Split focus on consumers: choice vs choice-edit?



## **Consumer actions: various strategies**

- Big bang:
  - Total change eg meat only 1 x per week
- Gradualism ease consumers into change
  - From light bulbs to food?
- Hierarchy of impact
  - SDC paper (forthcoming)
- Do nothing
  - Let consumers decide



## 4. Barriers and problems



## All these demands at time of <u>complex policy architecture</u>

- multi-level:
  - local, sub-national, national, regional, global
- multi-agency
  - public, private & civil society
- rapid concentration of power over supply chains
  - intra and inter-national
- Complex influences:
  - laws, regulations, standards  $\rightarrow$  twitter /media/hype



## <u>Politics</u>: is the problem population or wealth?

source: Hertwich & Peters / Sustainable Consumption Institute (2009) http://www.sci.manchester.ac.uk/medialibrary/copenhagenpaper.pdf  
 Source: United Nations World Population Prospects: The 2008 Revision

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 6
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 ••• WORLD

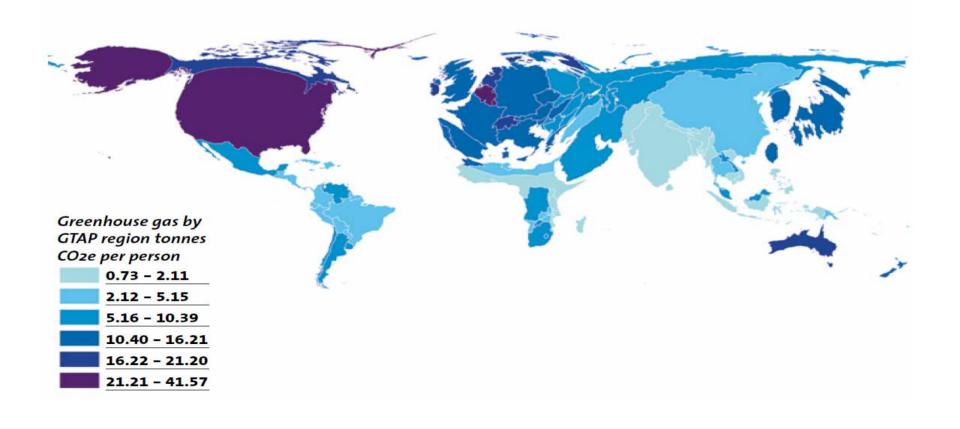
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 Vear
 1950
 1970
 1990
 2010
 2030
 2050

Population projected to rise by 50% by 2050

CARTOGRAM MORPHED BY TOTAL GREENHOUSE GAS EMISSIONS FROM CONSUMPTION



## **Complex** <u>ideological</u> challenge

- Prices and cheapness
- Choice vs choice-editing
- How can consumers choose if advice is incoherent, eg fish to eat it or not?
- Companies are more used to integrated thinking than Governments
- Food culture is fragmented:
  - meat & dairy on feast days not everyday
  - de-skilled consumers for low carbon living



#### NGO pressure: Sustain on fish: Sustainability vs. nutrition vs. safety source: Sustain (2005) Like shooting fish in a barrel www.sustainweb.org

Fish species	Oily?	Omega 3 per 100g	Sustainable?	Contaminated?
Sardines	yes	2.02	yes	no
Kippers	yes	1.83	yes	no
Trout	yes	1.27	yes	no
Mussels	yes	0.66	yes	no
Herring	yes	0.6	yes	no
Cod (pacific)	no	0	no	no
Monkfish	no	0	no	no
Salmon (farmed)	yes	1.85	no	yes
Marlin	no	0	no	yes
Plaice	no	0	no	no



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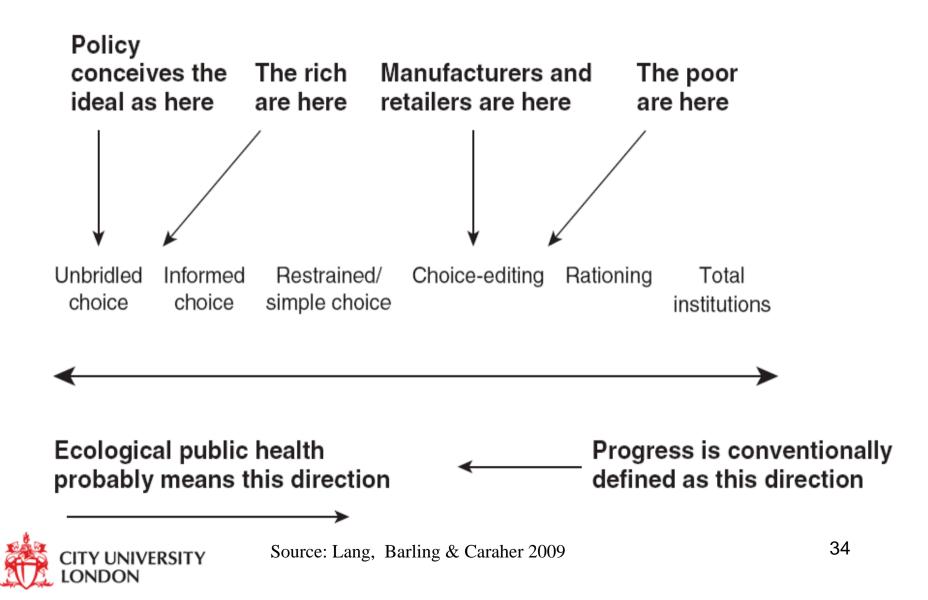
#### **Different messages for different products at different sectors**

Source: Sustainable Consumption Institute 2009 pg 22

#### The full carbon lifecycle of products giving examples of key "hot spots"



## **Re-think policy focus on choice**



## 5. Looking ahead



## 1. Consumers change

- We must change what we eat & how it is produced
- No romance about turning clocks back
- Need for new cultural norms / 'rules'
  - No clarity in everyday culture yet
- Period of social experimentation to watch:
  - Fife Diet (Vancouver) <u>http://fifediet.co.uk/</u>
  - New consumer co-operatives eg Growing Communities Hackney <u>http://www.growingcommunities.org/</u>
- Most consumers want choices taken upstream and to be given feasible alternatives (SCI report 2009)



## 2. Sharing lessons

- **Regions**: Toscana, Wales, Scotland, Cuba
- **Cities**: London (2012), Toronto, Belo Horizonte, Amsterdam, Roma
- Food Policy Councils: 100 in USA, Toronto
- Markets rebuilt: Barcelona, Borough (London)
- Transition towns: Europe
- Urban agriculture: Africa, Asia
- **Projects:** Incredible Edible Todmorden (Lancs UK)



# 3. Support / invigorate pursuit of new business model

- Less focus on price....more on quality and means
- Industry creating its own standards
  - GlobalGAP, GFSI, SAI, etc
  - G30 top TNCs initiative October 16 2009 Coca-Cola, Tesco, Unilever, News International
- Some remarkable initiatives:
  - Marks & Spencer Plan A
  - Reduced GHG dairy initiatives eg WalMart-Asda; J Sainsbury
- Re-emergence of co-operation as framework:
  - TNCs G30  $\rightarrow$  box schemes / CSA  $\rightarrow$  reinvention of Co-ops?



# 4. Governments must be prepared to use the full range of policy levers ('soft' to 'hard')

- Advice
- Labeling
- Education
- Public information
- Endorsements
- Welfare support
- Product standards

- Licensing
- Subsidies
- Competition rules
- Taxes & fiscal measures
- Bans
- Rationing



## 5. Accept a new cultural direction

- Priority is to cut down on meat & dairy (Stern)
- More plants (fruit and veg) = 'win, win'
- Eat more locally, seasonably to be low carbon
- Get biodiversity into the field & onto the plate
- Build exercise into shopping (NL model)
- Support tap water not bottled drinks
- Accept price signals will change



## Thanks

